

Primary Menu

	Dish	Gluten Containing Ingredients	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Week 1															
Monday	Pasta Neapolitan	✓						✓			✓				
	Seaside Fish Fillet	✓			✓										
	Fresh Bread Wedge	✓		MAY			✓	✓							
	Creamed Potato							✓							
	Sweetcorn														
	Baked Beans														
	Marble Sponge & Custard	✓		✓			✓	✓		MAY	MAY				
	Sultana Cookie	✓						MAY							
Tuesday	Southern Style Chicken Breast	✓		✓			✓	✓		✓	MAY				
	Assorted Wraps (PLEASE CHECK WITH YOUR KITCHEN)														
	Sweet Chilli Quorn	✓		✓				MAY		✓					
	Noodles	✓		✓											
	Potato Wedges														
	Broccoli														
	Carrots														

Primary Menu

	Iced Bun	✓		MAY		✓	MAY							
	Devonshire Split	✓		MAY		✓	✓							
	Chocolate Cookie	✓					MAY							
Wednesday	Roast Beef With Yorkshire Pudding & Gravy	✓		✓		✓	✓		✓	✓				
	Roasted Pepper Quiche	✓		✓		MAY	✓			✓				
	Quorn Fillet			✓										
	Creamed Potato						✓							
	Roast Potato													
	Carrots													
	Cabbage													
	Pea's													
	Bakewell Pudding and Custard	✓		✓		MAY	✓							
	Oaty Cookie	✓					MAY							
Thursday	Big Breakfast	✓		✓		✓				✓		✓		
	Spanish Omelette			✓			✓			✓				
	Vegetarian Breakfast Wrap	✓										✓		
	Herby Diced Potato's													
	Fresh Bread Wedge	✓		MAY		✓	✓							

Primary Menu

	Baked Beans														
	Mushrooms														
	Pancake With Fruit Coulis	✓		✓			MAY	✓							
	Fruit Muffin	✓		✓				MAY							
Friday	Fishcake	✓			✓										
	Fish Fingers	✓			✓										
	Assorted Pizza	✓						✓							
	Chips														
	Creamed Potato							✓							
	Sweetcorn														
	Pea's														
	Sticky Toffee Pudding & Chocolate Sauce	✓		✓			✓	✓		MAY	MAY				
	Fruit Jelly Sundae	✓					✓	✓							
Week 2															
Monday	Beef Bolognese	✓													
	Tortilla Stackers	✓						✓							
	Vegetarian Bolognese	✓		✓	MAY			MAY							
	Spaghetti	✓													

Primary Menu

	Cajun Wedges										✓			
	Baked Beans													
	Pea's													
	Vanilla Iced Sponge & custard	✓		✓			✓	✓						
	Cherry & coconut Cookie	✓		✓									✓	
Tuesday	Chicken Tikka Masala & Naan Bread	✓		MAY			✓	✓						
	Fish Fingers	✓			✓									
	Breaded Salmon fillet	✓			✓									
	Spanish Omelette			✓				✓			✓			
	Long Grain Rice													
	Chips													
	Sweetcorn													
	Green Beans													
	Lemon Fancy	✓		✓				MAY						
	Sultana Cookie	✓						MAY						
Wednesday	Roast Pork & Apple sauce													
	Roast Chicken & Gravy	✓		MAY			MAY	MAY		MAY	MAY			
	Cheese & Red Onion Quiche	✓		✓			MAY	✓			✓			

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	Quorn Fillet			✓											
	Creamed Potato							✓							
	Roast Potato														
	Carrots														
	Broccoli														
	Leek & sweet Potato Bake							✓							
	Apple Crumble & Custard	✓					MAY	✓							
	Frozen Fruit Yoghurt							✓							
Thursday	Chicken & sweetcorn Pasta	✓						✓				✓			
	Seaside Fish Fillet	✓			✓										
	Cheesy pasta	✓					MAY	✓				✓			
	Potato Wedges														
	Fresh Bread Wedge	✓		MAY			✓	✓							
	Baked Beans														
	Pea's														
	Assorted Cupcakes	✓		✓				MAY							
	Vanilla shortbread	✓						MAY							
Friday	Cottage Pie & Gravy	MAY		MAY				✓		MAY	MAY				

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	Assorted Pizza	✓						✓						
	Herby Diced Potato's													
	Pasta Neapolitan	✓						✓			✓			
	Sweetcorn													
	Carrots													
	Chocolate & Pear sponge With Chocolate Sauce	✓		✓			✓	✓		MAY	MAY			
Week 3														
Monday	Pork Sausages	✓					✓				✓		✓	
	Cheese & Onion Bake							✓			✓			
	Herby Diced Potato's													
	Creamed Potato							✓						
	Baked beans													
	Green Beans													
	Marble Sponge & Custard	✓		✓			✓	✓		MAY	MAY			
	Flapjack	✓							MAY					
Tuesday	Sizzling chicken Wrap	✓												
	Fishcake	✓			✓									
	Breaded Salmon fillet	✓			✓									

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	Roasted Vegetable Pasta Bake	✓					MAY	✓					✓		
	Potato Wedges														
	Garlic and Herb noodles	✓						✓							
	Sweetcorn														
	Pea's														
	Iced orange Fancy	✓		✓				MAY							
	Lemon Cookie	✓		✓				MAY							
Wednesday	Roast Beef With Yorkshire Pudding & Gravy	✓		✓			✓	✓		✓	✓				
	Vegetarian Sausage & Yorkshire Pudding	✓		✓				✓					✓		
	Creamed Potato							✓							
	Roast Potato														
	Carrots														
	Cabbage														
	Peas														
	Berry Sponge & Custard	✓		✓			✓	✓		MAY	MAY				
	Coconut Finger	✓						MAY							
Thursday	Beef Fajitas	✓					MAY	✓			✓	MAY			
	Seaside Fish Fillet	✓			✓										

Primary Menu

	Quorn Fajitas	✓		✓			✓	✓		MAY	MAY				
	Jacket Potato														
	Pasta	✓													
	Sweetcorn														
	Baked Beans														
	Cornflake Tart & Custard	✓					✓	✓							
	Fruit Jelly Sundae	MAY					MAY	MAY							
Friday	Bacon Carbonara	✓					✓	✓							
	Assorted Pizza	✓						✓							
	Chips														
	Fresh Bread Wedge	✓		MAY			✓	✓							
	Broccoli														
	Carrots														
	Carrot Cake	✓		✓				MAY							
	Chocolate & Orange Cookie	✓						MAY							
Week 4															
Monday	Meatballs in Tomato Sauce	✓						✓			✓				
	Fishcake	✓			✓										

Primary Menu

	Quorn Balls In Tomato Sauce	✓		✓				MAY			✓			
	Pasta	✓												
	Herby Diced Potato's													
	Carrots													
	Peas													
	Apple Whirl & Custard	✓					MAY	✓						
	Australian Crunch	✓					MAY	✓						
Tuesday	Lasagne	✓					MAY	✓			✓			
	Seaside Fish Fillet	✓			✓									
	Vegetable Lasagne	✓					MAY	✓			✓	MAY		
	Potato Wedges													
	Sweetcorn													
	Tomato bread	✓		✓			✓	✓						
	Baked Beans													
	Cornflake crunchie	✓		✓				MAY						
	Fruit Jelly Sundae	MAY					MAY	MAY						
Wednesday	Roast Chicken with Yorkshire Pudding & Gravy	✓		✓			MAY	✓		MAY	MAY			
	Roast Vegetable Frittata			✓				✓			✓			

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	Creamed Potato						✓							
	Roast Potato													
	Broccoli													
	Carrots													
	Leak & Sweet Potato Bake		✓				✓			✓				
	Chocolate & Orange Sponge With Chocolate Sauce	✓		✓			✓	✓						
Thursday	Chicken Korma And Naan Bread	✓		MAY			✓	✓						
	Sausage Roll	✓					✓							
	Vegetarian Sausage	✓											✓	
	Vegetable Curry	✓					MAY	✓			✓		MAY	
	Long Grain Rice													
	Creamed Potato							✓						
	Baked Beans													
	Green Beans													
	Rice Pudding						MAY	✓						
	Lemon Cupcake	✓		✓				MAY						
Friday	Steak Pie With Gravy	✓		MAY			MAY	MAY			MAY	MAY		
	Assorted pizza	✓						✓						

Primary Menu

	Chips														
	Creamed Potato							✓							
	Peas														
	Sweetcorn														
	Syrup Sponge & Custard	✓		✓			✓	✓							
	Frozen Fruit Yoghurt							✓							